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## Get your finances in shape this summer!

1 message

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# Money Coach Alumni Newsletter

Hello Kiana!

Summer is quickly approaching and just as we often make plans for our summer in advance, we should make plans for our finances in advance as well.

### Featured Topic: Tips for financial planning

Financial planning is about looking at your overall financial health and coming up with a strategy to reach your long and short-term goals. It provides you with a road map for your expenses and savings, but YOU DON'T HAVE TO DO THIS ALONE! Financial planners can help clients on a range of topics such as saving for retirement, starting a new business, taxes and budgeting. Check out our MoneySenseOnDemand lesson about [choosing a Financial Planner](#).

Tips for Financial Planning (for more tips, check out the muse's [50 personal finances tips](#))

- Create a financial vision board - use this to motivate you to develop new and better money habits.
- Set Specific financial goals - sometimes having a goal that's too broad can be difficult to obtain. Try setting a goal with a specific dollar amount and deadline.
- Take a Daily Money Minute - set aside time each day to check balances and transactions to make sure you're on top of your finances.
- Create a financial calendar - with so many bills and expenses to keep track of, use a calendar or set reminders to make sure you don't miss anything.
- Adopt a spending mantra - come up with a phrase or question to ask yourself as a way to set boundaries for what you spend money on. Is this purchase today better than the vacation I'm saving up for next month?
- Change your mindset - if you think you'll fail, then you're setting yourself up to fail. Replace the negative self-talk with positive affirmations. I WILL save money for my vacation!
- Find an accountability partner - find a friend and help each other reach your goals. Swap ideas and strategies on money management.
- Plan for financial emergencies - life happens! It's important to set money aside in case your car breaks down, you lose your job or you have a medical emergency.
- It's okay to say no - if something is not a part of your savings goals or budget, don't feel pressured to spend money on it if you don't have to.

## Resource Highlight: Money Path

[Money Path](#) is a comprehensive and unparalleled web-based software tool that uniquely links academic and career planning with financial planning. Through this tool, users are able to see the financial cost of various paths and form a budget based on those paths. To access the Money Path tool, visit [MoneyPathApp.org](https://MoneyPathApp.org). If you didn't have the opportunity to create an account during the program, you can create an account by clicking *Have a Class Code?* and entering code 11237.

## Ask the Expert

Do you have financial or career questions? Ask the experts! We have a network of people knowledgeable in various areas able and ready to assist you! [Fill out the survey](#) to let us know what topics/areas you would like to learn more about.

## Upcoming Events

It's that time of year again! Every year we ask former students to complete the Money Coach Longitudinal Study. This survey helps SecureFutures measure impact and improve programming for future students. Complete [this survey](#) to receive your choice of a **\$10 gift card from Target, Amazon or Starbucks, PLUS be entered in a giveaway for an even bigger prize!**

Take care,  
Money Coach Team

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