

# Money Coach: Structure Overview

The Money Coach Program is a hands-on program designed for high school juniors and seniors. Every other week students will attend an in person group financial lesson facilitated by coaches. Group lessons are 60-75 minutes long. In the weeks between each of these lessons, students will meet with their One-on-One Coach in person unless otherwise stated. These meetings will take place at the school or community based organization.

### Group Lessons

There will be five group lessons that will focus on specific financial topics and features activities and discussions. The Group Coach will lead these lessons using the presentations and materials provided. Group lessons are optional for One-on-one Coaches. When in attendance, One-on-One Coaches should support the Group Coach and encourage students participation through discussion.

### One-on-One Check-Ins

One-on-One Coaches serve as mentors for assigned students. At the start of each check-in meeting, all One-on-One Coaches will work together to facilitate a group activity with all students for up to 15 minutes. Afterwards, One-on-One Coaches meet individually with each assigned student for about 10 minutes. During the One-on-One check-ins, students can expect to complete tasks and assignments to ensure full understanding of what is taught during the group lessons. Additional weekly communication by email, text, or call is encouraged!

#### **Key areas of focus for coaches during the check ins:**

- Getting to know each student, what motivates them, and what challenges they may face.
- Wellness check-in: how are things going and what resources do they need?
- Helping them complete the assignments and tasks from the group lessons.
- Reviewing their expense tracking and budgeting progress.
- Listening to, guiding, and coaching them to achieve their goals.
- Assisting them in setting a savings plan.
- Helping them to address obstacles and mistakes.

<b>Program Plan by Week</b>	
<p><b>Week 1:</b> Program Orientation</p> <ul style="list-style-type: none"> <li>● <i>Activity: Get to know your Coach</i></li> <li>● <i>Action Step: Complete enrollment form</i></li> </ul> <p><b>Week 2:</b> Group lesson - Financial Institutions</p> <ul style="list-style-type: none"> <li>● <i>Activity: Prezi presentation</i></li> </ul> <p><b>Week 3:</b> One-on-one check-in</p> <ul style="list-style-type: none"> <li>● <i>Activity: Identity Theft</i></li> </ul> <p><b>Week 4:</b> Group lesson - Expense tracking and budgeting</p> <ul style="list-style-type: none"> <li>● <i>Activity: Expense tracking role play</i></li> </ul> <p><b>Week 5:</b> One-on-one check-in</p> <ul style="list-style-type: none"> <li>● <i>Activity: Students practice tracking own expenses</i></li> </ul>	<p><b>Week 6:</b> Group 3: Life after High School</p> <ul style="list-style-type: none"> <li>● <i>Activity: Money Path</i></li> </ul> <p><b>Week 7:</b> One-on-one check-in</p> <ul style="list-style-type: none"> <li>● <i>Activity: Life after High School discussion</i></li> </ul> <p><b>Week 8:</b> Group lesson 4 - To Your Credit</p> <ul style="list-style-type: none"> <li>● <i>Activity: Prezi presentation</i></li> </ul> <p><b>Week 9:</b> One-on-one check-in</p> <ul style="list-style-type: none"> <li>● <i>Activity: Credit Jeopardy</i></li> <li>● <i>Action Step: Submit expense tracker and monthly budget no later than week 10</i></li> </ul> <p><b>Week 10:</b> Future Budget, Review, and Wrap Up</p> <ul style="list-style-type: none"> <li>● <i>Activity: Future Budget</i></li> <li>● <i>Action Step: Post Survey due Friday</i></li> </ul>