Session Structure Overview

The Money Coach Program is an 11-week intensive, hands-on program designed for high school juniors and seniors. Every other week students will attend an in person group financial lesson facilitated by coaches. Sessions are 60-75 minutes long. In the weeks between each of these sessions, students will meet with their One-on-One Coach in person unless otherwise stated. These meetings will take place at the school or community based organization.

Group Sessions

There will be six sessions that will focus on specific financial topics and features activities and discussion. The group coach will lead these sessions using the presentations and materials provided. Group sessions are optional for One-on-one Coaches. When in attendance, One-on-One Coaches should support the Group Coach and encourage students participation through discussion.

One-on-One Check Ins

One-on-One Coaches will start with their students in a small group for up to 20 minutes to break the ice and to follow-up on content from the previous session. One-on-One Coaches will then meet with students individually for up to 15 minutes. During the One-on-One sessions, students can expect to complete tasks and assignments to ensure full understanding of what is taught during the group sessions. Additional weekly communication by email, text, or call is encouraged!

Key areas of focus for coaches during the check ins:

- Getting to know each student, what motivates them, and what challenges they may face.
- Wellness check-in: how are things going and what resources do they need?
- Helping them complete the assignments and tasks from the group sessions.
- Reviewing their progress using the **Financial Goal Checklist**.
- Listening to, guiding, and coaching them to achieve their goals.
- Assisting them in setting a savings plan.
- Helping them to address obstacles and mistakes.

<table>
<tr><th colspan="2">Program Plan by Week</th></tr>
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Program Orientation: Program Enrollment
Action Step: Complete enrollment forms ASAP
Session Activity: financial goal checklist
Week 1: Group Session 1- Welcome & Check It Out
Session Activity: Prezi presentation
Action Step: Expense tracker due at the end of week 4
Week 2: One-on-one check-in #1
Small Group: Tiffany’s Budget
Week 3: Group Session 2 - Expense tracking and budgeting
Session Activity: The Bean Activity
Action Step: Monthly budget & Expense tracker due at the end of week 4
Week 4: One-on-one check-in #2
Small Group: Identity Theft
Week 5: Group Session 3: Money Path
Session Activity: Complete Money Path Report
Action Step: Expense tracking due at the end of week 10
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Week 6: One-on-one check-in #3
Small Group: Money Path Reaction
Week 7: Group Session 4: To Your Credit (part 1)
Session Activity: Compare credit card offers
Action Step: Expense tracking due at the end of week 10
Week 8: One-on-one check-in #4
Small Group: Credit Interview
Week 9: Group Session 5: To Your Credit (part 2) & Independent Living
Session Activity : What’s Your Credit Score
Action Step: Expense tracking due at the end of week 10
Week 10: One-on-one check-in #5
Small Group: Check ins Wrap Up
Week 11: Group Session 6: Future Budget, Review and Wrap Up
Session Activity: Future Budget
Action Step: Post Survey due Friday
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