



Hello there!

It may have been a while since you've heard from the Money Coach team, but we are happy to announce that we are back! This is the official launch of the new Money Coach Alumni Network and we're excited to bring you ongoing education, networking, and resources as you pursue your financial and career goals. Each month, expect a newsletter with opportunities for learning and connection, as we work to continue to be a resource to you in the next phase of your life.

Featured Topic: Financial Literacy 101 Refresher

1. Always track your expenses. Whether it's \$1, \$10, \$100, \$1,000 and anything in between, knowing where your money is going helps you to better manage and VALUE IT! Are you looking for something to use to track your expenses? Try this [spreadsheet](#) ! (Be sure to make your own copy and save it to your computer/device before you start tracking.)
2. Create a budget! Your budget is your recipe for YOUR money. Budgets help to set healthy boundaries and let you know AHEAD of time how much you are able to spend in each category so you can avoid overspending. [Click here](#) for a budgeting refresher.
3. Credit! Credit! Credit! Your credit matters! It is important that you are using your credit card responsibly. Ask yourself: if you can't pay for it now, will you be able to pay for it later? Ideally, you want to keep your credit card at a 30% utilization rate or lower. Even if you cannot pay your full balance, try to pay MORE than the minimum balance due. Learn more about [credit](#) and [predatory lending](#) ??

When it comes to finances, no one is perfect, but we must be honest with ourselves and hold ourselves accountable to our goals. We are so excited to continue this journey with you all!

Resource Highlight: MC longitudinal outcomes

Did you know? After 7 years of running the Money Coach Program, 98% of former students still have a bank account, 59% still track their expenses and 74% still have a budget. These numbers are pulled from the longitudinal study responses you submit every year. These statistics are a reflection of how you are actively working on healthy financial habits. Now that's impressive! Keep an eye out for this year's survey.

Ask the Expert

We're building a network of experts that our alumni can draw on for questions about finances, career, and more. What are the topics or areas of support that you would find most helpful? Fill out our [survey](#) and make your voice heard!

Upcoming Events

Starting in June, we'll be holding monthly panel discussion around topics that matter to you! Stay tuned for more details.

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