Session Structure Overview

Money Coach is an eight session program completed over a four month period with high school juniors and seniors. Each session will include a lesson facilitated by a coach or coaches. One-on-one check ins will take place each session, except for session 3 (Money Path).

Group Sessions

The group coach will lead the main lessons & activities. One-on-one coaches will assist during the first 30 minutes of the session. Lesson plans have been developed to guide the coaches through each session. The lessons focus on specific financial topics and are full of activities and discussion. Coaches should focus on driving as much interaction from students as possible. NO LECTURING!

One-on-One Check Ins

One-on-one coaches will be assigned up to six students. They will meet privately with each of their students for about 10 minutes. Check ins should take place in the last 60 minutes of the session (except session 5), so that all students understand the group lesson before being pulled out. Session 5 check ins will be 15-20 minutes each and should begin at the beginning of the session. Upon returning to the group lesson, students should work with their peers to get caught up.

Key areas of focus:

- Get to know each student, what motivates them, and what challenges they may face.
- Review each student's progress using the **Financial Goal Checklist**.
- Motivate students to hold themselves accountable.
- Listen, guide, and coach students.
- Assist students in setting a savings plan.
- Help the students to address obstacles and mistakes.

Session Index

1. Welcome, Financial Goal Checklist & Banking Basics
    - *One-on-One: Get to know you, goal setting with the **Financial Goal Checklist***
    - *Take Home Assignment: Start to track expenses and build a budget*
2. Expense Tracking and Budget Activity
    - *One-on-One: Review first attempts at expense tracking & budgeting*
3. Money Path App
4. Joining the workforce and Interviewing
    - *One-on-One: Discuss Money Path plan, check in on goals before Progress Report*
    - *Take Home Assignment: How to dress for an interview by industry*
5. Banking Review with Simulations, Open Discussion to Address Student Questions
    - *Extended One-on-One: 15-20 minutes to complete **Progress Reports,** review interview assignment*
6. To Your Credit
    - *One-on-One: General check in, intro to FreeCreditReport.com*
    - *Take Home Assignment: Find & review your credit report*
7. DIY session (topic chosen by coaches or whole group at the start of the program)
    - *One-on-One: Answer any credit report questions, check in on goals before Progress Report*
8. Building a Budget for the Future and Program Wrap Up
    - *One-on-One: **Progress Report***